

# The Ultimate Resource Guide/Bibliography for Music Teacher Retirees

by Paul K. Fox, PMEA Retired Members Coordinator

Revised on July 14, 2016

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**FIRST STOP** *Pennsylvania Music Educators Association: “Retired Members”*

<http://www.pmea.net/retired-members/>

**BLOGS/ARCHIVES** Fox, Paul K. – *Music Education and Professionalism: “Retirement Resources”*

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- [Tips on a smooth and well-prepared transition to retirement](#)
- [Maintaining a balance of good health, exercise, and happiness in retirement](#)
- [Advice from music teacher retirees to soon-to-be retirees](#)
- [Happy trails, retirees! PMEA retired members rock-on](#)
- [Retirement = reflection + renewal + altruism](#)
- [What I Learned from My Dogs... in Retirement](#)
- [It's time to “dust off your chops” \(join a community band/orchestra\)](#)
- [Tips for retirees on managing stress during the coming winter celebrations](#)
- [Random acts and other resolutions](#)
- [Retirement = deferred gratification](#)
- [An engaged mind makes for a happy retiree](#)
- [Downsized and out... coping with unexpected loss of a music teaching job](#)
- [Sing your heart out, now and in retirement](#)
- [Retired from what](#)
- [3 Exit Lanes to Self-Help Retirement Guides](#)

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