FIRST STOP Pennsylvania Music Educators Association: “Retired Members”
http://www.pmea.net/retired-members/

BLOGS/ARCHIVES Fox, Paul K. – Music Education and Professionalism: “Retirement Resources”
https://paulkfoxusc.wordpress.com/category/retirement-resources/

- Tips on a Smooth and Well-Prepared Transition to Retirement
- Maintaining a Balance of Good Health, Exercise, and Happiness in Retirement
- Advice from Music Teacher Retirees to Soon-to-Be-Retirees
- Happy Trails, Retirees! PMEA Retired Members Rock-on
- Retirement = Reflection + Renewal + Altruism
- What I Learned from My Dogs… in Retirement
- It’s Time to “Dust Off Your Chops” (Join a Community Band/Orchestra)
- Tips for Retirees on Managing Stress During the Coming Winter Celebrations
- Random Acts and Other Resolutions
- Retirement = Deferred Gratification
- An Engaged Mind Makes for a Happy Retiree
- Downsized and Out… Coping with Unexpected Loss of a Music Teaching Job
- Sing Your Heart Out, Now and in Retirement
- Retired from what
- 3 Exit Lanes to Self-Help Retirement Guides
- Retirement Prep - New Points to Ponder

Ameriprise Financial: “Emotional Stages of Retirement,”
https://www.ameriprise.com/retire/planning-for-retirement/retirement-ideas/emotional-stages.asp

http://money.usnews.com/money/blogs/on-retirement/2012/12/07/3-ways-to-successfully-transition-into-retirement

Bernard, Dave – Retirement – Only the Beginning
http://lovebeingretired.com/

Birken, Emily Guy – The 5 Years Before You Retire: Retirement Planning When You Need It Most, F+W Media, Inc., 2014


Cussen, Mark P. – *Investopedia: “Journey Through the Six Stages of Retirement”*
http://www.investopedia.com/articles/retirement/07/sixstages.asp

Delmontagne, Robert P., Ph.D. *The Retiring Mind – How to Make the Psychological Transition to Retirement*, Fairview Imprints, 2010


Dychtwald, Ken, Ph.D. – *Psychologist & Gerontologist*, 2008

Dychtwald, Ken, Ph.D.; Kadlec, Daniel J. – *With Purpose: Going from Success to Significance in Work and Life*, 2009

Fox, Paul K. – *Edutopia: “Advice from Music Teacher Retirees to Soon-To-Be Retirees,”* 2016


GoldRetiree.com – “The Top 55 Retirement Planning Websites to Help You Retire in Style,”
http://goldretiree.com/retirement-planning

Guerrero, Yvette, Ph.D., University of California San Francisco – *Psychological and Emotional Aspects of Retirement: Planning for a Successful Transition*


https://www.ssa.gov/policy/docs/ssb/v71n4/v71n4p15.html

Kuchler, Bonnie Louise – *Retirement Is a Full-time Job: And You're the Boss*, 2009
http://money.usnews.com/money/blogs/on-retirement/2010/07/20/7-secrets-to-a-happy-retirement


https://www.linkedin.com/pulse/teaching-music-after-retirement-lesli-mattheus

The Motley Fool: “3 Tips on Surviving Your First Year of Retirement,” 2014  


National Association of Mature People – *Your Key to the Best Years: A Retirement Guide from the National Association of Mature People*, Oklahoma City, OK

NOLO: “Losing a Job – Ten Things You Can Do to Make It Less Painful”  

Potuchek, Jean – *Stepping Into the Future: A Retirement Journal*  
https://stepintofuture.wordpress.com/

Pratt, Rebecca – *SPARKPEOPLE*: “Transition into a Healthy Retirement”  


https://www.linkedin.com/pulse/when-music-over-francis-rayne?trk=hp-feed-article-title


RetirementAdvice.com: “Help You with Retirement and Pre-Retirement Planning…”  
http://retirementadvice.com/

Sarton, Mae – *At Seventy*, New York: Norton, 1984


Schlossberg, Nancy K, Dr. – *Transitions Through Life*  


Smith, Shannon – *Lifehacker: “9 Things You Should and Shouldn’t Do If You Lose Your Job”*  


Sundstrom, Eric; Burnham, Michael; Burnham, Randy – *My Next Phase: The Personality-Based Guide to Your Best Retirement*, 2008


Torris, Barbara – *Retirement in Style Blog*  

Troyer, Angela K., Ph.D. – *Psychology Today: “6 Ways to Engage Your Brain,”* 2014,  
[https://www.psychologytoday.com/blog/living-mild-cognitive-impairment/201408/6-ways-engage-your-brain](https://www.psychologytoday.com/blog/living-mild-cognitive-impairment/201408/6-ways-engage-your-brain)


Wilson, A. Verne – *TIPS: Retirement for Music Educators*, Music Educators National Conference (NAfME), 1989
