

# The Ultimate Resource Guide/Bibliography for Music Teacher Retirees

by Paul K. Fox, PMEA Retired Members Coordinator

Revised on July 22, 2016

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**FIRST STOP** *Pennsylvania Music Educators Association*: “Retired Members”

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- [Tips on a Smooth and Well-Prepared Transition to Retirement](#)
- [Maintaining a Balance of Good Health, Exercise, and Happiness in Retirement](#)
- [Advice from Music Teacher Retirees to Soon-to-Be-Retirees](#)
- [Happy Trails, Retirees! PMEA Retired Members Rock-on](#)
- [Retirement = Reflection + Renewal + Altruism](#)
- [What I Learned from My Dogs... in Retirement](#)
- [It's Time to “Dust Off Your Chops” \(Join a Community Band/Orchestra\)](#)
- [Tips for Retirees on Managing Stress During the Coming Winter Celebrations](#)
- [Random Acts and Other Resolutions](#)
- [Retirement = Deferred Gratification](#)
- [An Engaged Mind Makes for a Happy Retiree](#)
- [Downsized and Out... Coping with Unexpected Loss of a Music Teaching Job](#)
- [Sing Your Heart Out, Now and in Retirement](#)
- [Retired from what](#)
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- [Retirement Prep - New Points to Ponder](#)

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