

Combined 8⁺ Decades of Experience...



Bachelor of Fine Arts and

Master of Fine Arts in Music

Retired from Peters Township School District (38 years)

High Note Festival Adjudicator & Site Director

(Violin) at Carnegie-Mellon

University

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Artist Lecturer at Carnegie-Mellon University

Active private studio for

violin, viola, and cello Founding Director of SHJO

Your Facilitators

Paul K. Fox

- Bachelor of Fine Arts in Music (Viola) and Master of Fine Arts in Music Education at
- Carnegie-Mellon University Retired from Upper St. Clair School District (33 years) & Edgewood School District (2 years)
- Founding Director of SHJO
 Chair of the PMEA Council for Teacher Training, Recruitment,
- and Retention
- Coordinator of PMEA Retired Members



Orchestra Teacher Idea Sharing Session

A Few Tips, Tricks, & Techniques from the Foxes

- <u>CommUNITY Music-Making</u>
- SHJO Online Academy
- Summer String Camp
- Assessment Projects
- Collaborative/Creativity Projects
- Library of Fox Firesides
 - Firesides https://paulfox.blog/foxs-firesides

http://www.shjo.org/

http://www.shjo.org/online-academy

A printable copy of these slides is available from https://paulfox.blog/becoming-a-music-educator/





40 Years of SHJO – a non-profit, non-competitive, all-volunteer community group for all ages

South <u>H</u>ills <u>J</u>unior <u>O</u>rchestra

- "A mosaic of members and music... where all musicians learn, grow, and lead"
- Instrumentalists in grades 4-12 and amateur adult musicians
- No auditions for membership
- "Turning no one away"
- Support of school band and string programs
 Focus on players' self-realization of new knowledge, skills, and practice tools for lifelong success in creative self-expression
- Leadership and musicianship development
- "Give-back" to the community (both in musical outreach and charitable contributions)

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South Hills Junior Orchestra



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South Hills Junior Orchestra

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South Hills Junior Orchestra

Sample Outreach Performances...

- Sample Outreach Performar Sample Outreach Performar Mather's Day Premier, My 13, 1984 Various retail mails & senior centers 1984-2021 PMEA In-Senio Conference Expo-Mart 1987 Southminster Prestyterian Church 1987 White House Iewn in Washington D C. 1988, 1991 Mathan Philips Square in Toronto 1989 Faneul Hall in Boston, Massachusetts and Mystic Seaport Museum in Connecticut 1990 Variable Unity in PPC Wintergarten 1990-1997 PA State Capitol In Harrisburg 1991, 2004 Inner Hartor, Baltimore, Maryland 1991 Rose Tree Park, Philadelphia 1993 and 2000 Methant's Square, Williamsburg, Virginia 1984 Sandusky, Otio bandstatian dar Greenfield Village, Deatorm, Michigan 1995 "Side Vside Concert with the Hershey Symphony
- Side by Side" Concert with the Hershey Symphony at the Hershey Medical Center 1996
 Home of Henry Clay in Kentucky 1997
- Techno-Expo, Duquesne University 1998
 Lincoln Memorial, Washington D.C. 1998
 Naval Academy, Annapolis 1999 and 2008
 Kannywood Amusement Park, 2000
 Joy Manor Retirement Community and Monroe Park, Michigan 2002
 State House in Columbus, Ohio 2003
 'A Taste of Lewistown' in New York 2005
 Cumberland, Maryland 2006
 Orn the "Belle of Louisville" istamboat and at a veteran's hospital in Lexington, Kentucky 2007
 Campbel Park Stage, Annapolis Citly Dock, Maryland 2018
 Fessival Main Stage at Gettysburg College, and Gettysburg National Milliany Park, 2010
 Starwebery, Feslival, London, Ohio, and Friendship Village of Columbus, Ohio 2011
 Phoebe Ministries and West Park Bandstand, Aleritown, PA 2012

- Allentown, PA 2012
 Mount Vernon, Fairfax County, Virginia, and the Jefferson Memorial, Washington D.C. 2013

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South Hills Junior Orchestra

Holiday Concert "Guest" Conductors...



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South Hills Junior Orchestra

Sample Philanthropy... Giving Back > \$35K!

- ₽ May 1985: \$600 for Make-a-Wish Foundation. Fall 1986: In collaboration with Pittsburgh Boychoir, the South Hills Chorale, pianist Lois Streator, organist Thomas Flynn, violinist Lawrence Lee, and soprano Li-Ping Hsieh, benefit concert for the
- Literacy Council and South Hills Libraries at the Southminster Presbyterian Church. \$570 of the proceeds were contributed to the Upper St. Clair Township Library. Spring 1987: \$1670 to Make-A-Wish Foundation
- ₽ Fall 1988: portable xylophone
- May 1989: First Founder's Scholarship awarded to Jenell Jacks for the continuation of her higher education in music education
- Spring 1990: SHJO Boosters commissioning of North Star Suite, the first of several musical compositions written by Director William Critser J 10th Anniversary in 1994: \$500 to the Community
- Foundation of Upper St. Clair PMEA Di

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- 2002: \$3000 to the Community Foundation of Upper St. Clair for the theater's acoustic shell
- 2005 and 2006: SHJO two Yamaha Clavinova electronic pianos (\$6000 each) 25th Anniversary season: donation of 48 Manhasset music stands with two storage racks and a Bose

₽ 2000: \$2000 to the Upper St. Clair School District

High School band director David Buetzow J 2002: \$1500 for a new conductor's podium/lectern

towards the four Wenger music library cabinets 2001: donation of a conductor's stand to Bethel Park

- Acoustic Wave II machine, a total value of more than \$3700.
- 2008-2013: \$2000 for the Greater Pittsburgh Area Food Bank and other charities 30th Anniversary: commissioning of Vision Quest written by SHJO alumnus Dana Howell, purchasing
- of a new cymbal stand (\$350) for the band room, and donating \$1200 to the theater.

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SHJO Online Academy

"When life (and the pandemic) hands you lemons..."

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- SHJO Clips independent learning units (50 editions of links)
- Launch of Saturday synchronous classes and asynchronous
- follow-up assignments using MusicFirst Classroom Play Along with the Philadelphia Orchestra (Bach Fugue) and other soundtracks of current music in the SHJO folders
- Play Along in duets with Minnesota Orchestra musicians
- Flex Ensembles (not always great arrangements, but at least something to use during alternative virtual lessons and if you have unusual instrumentation)
- Scales, Warmups, and Exercises (samples)
- Composer's Club
 - Smart Practice Primer
 - Duet-a-thon samples
 - Music Appreciation/Theory Seminars
 - Conducting and Leadership Training

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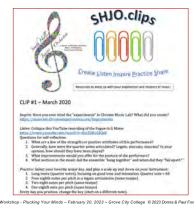
SHJO Online Academy



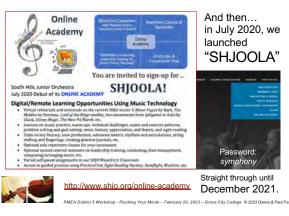
From in-person rehearsals on Saturdays before March 20, 2020

to...





SHJO Online Academy



SHJO Online Academy



SHJO Online Academy

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VI. SOUNDTRACKS TO HELP YOUR PRACTICE

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Play along with...

· Philadelphia Orchestra conducted by Eugene Ormandy



http://www.shjo.org/online-academy

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SHJO Online Academy

Play along with...

- Philadelphia Orchestra conducted by Eugene Ormandy · Practicing with musicians of the
- Minnesota Orchestra https://www.minnesotaorchestra.org/co -education/emerging-artists/resources/



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http://www.shio.org/online-academy

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SHJO Online Academy

Play along with...

- · Philadelphia Orchestra conducted by Eugene Ormandy
- · Practicing with musicians of the Minnesota Orchestra https://www.minnesotaorchestra.org/community on/emerging-artists/resources/
- · Duets with musicians of the Minnesota Orchestra



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http://www.shio.org/online-academy

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SHJO Online Academy

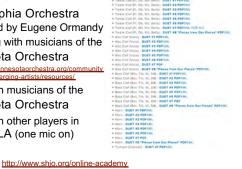
V. DUET-A-THON

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Play along with...

- Philadelphia Orchestra conducted by Eugene Ormandy
- Practicing with musicians of the Minnesota Orchestra https://www.minnesotaorchestra.org/e
- · Duets with musicians of the Minnesota Orchestra
- Duets with other players in SHJOOLA (one mic on)

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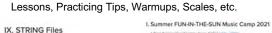
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SHJO Online Academy

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	http://www.shjo.org/o	<mark>nline-academy</mark> Your Minds – February 20, 2023 – Grove City College © 2023 Donna & Paul F

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SHJO Online Academy

Lessons, Practicing Tips, Warmups, Scales, etc.



SHJO Online Academy

Music History, Theory, Listening Analysis...



SHJO Online Academy

Special Seminars and Workshops







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Summer String Camp

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Six Hours Times Six Days

- Sponsored by the Township of Upper St. Clair
- · Held at the high school
- String players incoming to grades 4-12
- Novice, Intermediate, Advance, and Counselor Levels
- Learning Centers
- Sports (including swimming and playground)
- Arts & crafts
- Repertoire Class ("Show & Play") & last-day-of-camp concert

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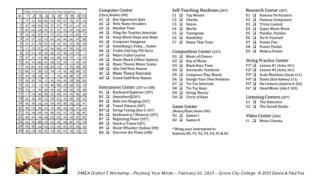
- Take-home practice tips
- Leadership (Counselor) training

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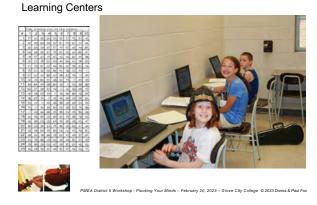
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Summer String Camp

Learning Centers



Summer String Camp



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Summer String Camp

Take-Home Practice Tip Booklet

New Skills and Practice Techniques

- Pizza Slices (cut out a small section)
- The "10 times rule" (every day and "in a row") ñ.
- Slow to Fast (Increase the tempo)
- Point and Say (letters or counts), Sing, Finger, Shadow Bow, Play, and Combine Randomize or vary the section or pattern
- Scale-a-day with numerous variations including ice cream flavors and other rhythms, scale pyramids, and changing from major to minor (Brownie's dead).

Make Practice Fun Roll-the-dice (make a 6x6 grid of different scales,

keys, variations, other goals) Roll-the-ball (vibrato oscillations)

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- Hold-the-ball (bow flexibility and violin/viola posture and balance) Mix-it-up (practice sections out of order)
- Make-it-up (add or change rhythms, slurs, articulations, bouncing, tremolo or bowings)
- Echo (listen and play) or "play-by-car." Jazz-it-up (improvise melodies or rhythms)

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Summer String Camp

Take-Home Practice Tip Booklet

Now That String Camp is Over, What Should We Do?

Just for String Parents: Questions to Ask Your Kid and Things-to-Do
 Who is your favorite Classical composer?
 Purchase a solo or orchestral CD at Border's or Barnes & Noble.

 Who is your favorite string artist?
 Borrow from the library, find on YouTube or buy a sample CD.

your Javorite string artist? Borrow from the library, find on Youi ube or buy A few of my favorite string artists: Itzhak Perlman (violin), Pinchas Zukerman (violin), Walter Trampler (viola), Yo-Yo Ma (cello), Gary Karr (string bass)

Watter I rampier (vioia), 16-16 Ma (ecito), Curry Nart (string bass) What favorite song did you learn at camp? Listen to a min-recital of the pieces your son or daughter can play. What fun fact or game did you learn? Share a musical term, puzzle, story, game or playing technique. Ask him/her about "Brownie's Dead" (minor scale) or "Pizza Slice" (focusing on a small section). Ask him/her to demonstrate speeding up a major scale or arpeggio with repeated notes or rhythms What new music styles did you explore? Listen to Groovin for the First Time or DeBlues song/warm-up. How many new ways can you play a scale? Make it a game playing scales with different rhythms and speeds.

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Summer String Camp

- Student Leadership:
- Counselors-in-Training (Grade 8) .
- Junior Counselors ("Privileges" Grade 9)
- Senior Counselors (Paid Grades 10-12)



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Assessment

"The self-empowered student becomes a problem solver... to take charge of his/her own learning."

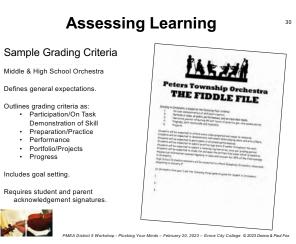


Assessment Methods

Performance Self-Assessment

- Digital Portfolio
- String Scale Baseball Contest

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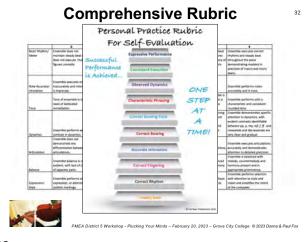
Comprehensive Rubric

Ensemble	Performance Rubric	
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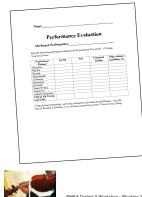
		1	2	1	
Beat/ Rhython/ Metter	Ememble does not maintain strendy beat and does not execute Hytheria Ngures correctly	and executes rhythmic figures	Ensemble maintains stready beat and executes score nlythmic figures with errors.	and executes rhythmic figures	Ensemble executes correct rhythms and steady beat throughout the piece demonstrating mastery in precision of macro and many beats.
Note Accuracy/ Interaction	Ensemble executes notes inaccurately and interaction is improvise.		Ensemble searcytes some notes inaccurately and intension errors are evident throughout the selection	Ensemble performs notes correctly but with some interaction errors.	Ensemble performs notes econstally and in tune.
Terret	Sone of amaendale is in head of dedicated namiofaction	Tonie quality of insumble s inconsistent, and at times nat present.	Tane production of ensemble is at a basic level.	Toke production of ensemble is at times a rounded take but is inconsistent throughout the group.	Ensenthis performs with a characteristic and consistent rounded take.
Dynamics	Ensemble performs with no	Insemble performs with an attempt at contract between pinon and force	Insemble performs with basic contrast between plano and furte, but omscendo and descrescendo is not gradual and tacks clarity in tone quality.	Enamble performs with strong construct between plano and John, createcodo and decreacendo are evident and gradual, but other dynamic beats are understitute.	Ensemble demonstrates specific attention to dynamics, with evident contrasts identifiable between pp, p, mg, mg χ if an cressensis and decreased are very clear and gradual.
Articulation	Ensemble does not demonstrate any differentiation between anticulations.	Ensemble attempts to demonstrate articulations, but with numerous errors or omissions.	Ensemble demonstrates a basic understanding of articulations but with some errors.	Intemble secures articulations, with few errors	Ensemble seecutes articulations accurately and demonstrates attention to detailed precision
Núnce	Ensemble Sesance is not evident, with lack of clarity of separate parts.		Ensemble Balance is basic but unclear with some sections overpowering others and harmony overplaying metody.	(numble to generally balanced with both melody and harmony being present.	Ensemble is balanced with melody, countermelody and harmony present and in appropriate prominence.
Expression/	Dreamble performs with no expression, or attention to stylotic markings	attention to to stylistic markings.	understanding of the styletic	Ensemble performs with a basic understanding style but lacks consistency.	Ensemble parforms selection with attention to style and mood and amplifies the intent of the composer.

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Performance Self-Assessment

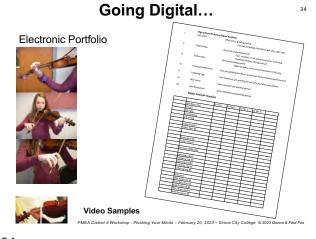


Comments:

Valerie – I felt this performance went wonderfully. We played musically and very well in tune. We also played beautifully as an ensemble. And for once, I felt totally prepared. I'm proud to be a part of such a great school orchestra.

Alex – I think that our performance was very nice. We were very expressive on Scheherazade and well in tune. Concert Piece for Strings was very bold and extremely well prepared. The pizzicato part was exceptionally good and the parts blended well. Westminster had wonderful style-it sounded a lot like chimes. Minuet and Trio was very strong, and March of the Meistersinger was well played and was a great orchestra opener.

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Motivation & Engagement

Collaboration/Creativity Projects

- Ribbons
 - Pumpkin Libs



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- Concert Creation Collaboration The Idylls of Pegasus Collaborative Inquiry Project
- Fox Fiddle File Wiki (Blog)

Symphony for Nerds

- "Russian Five" Collaborative Inquiry Project
- "The Quilt" Collaborative Inquiry/Project-Based Learning

Ribbons

Motivating Practice Promoting Progress Discovering Success





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Ribbons

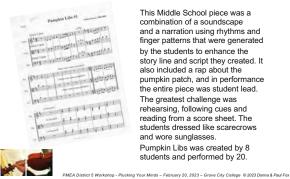
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	100	-	
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1		175 Shephard's Hey	Mint green



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Pumpkin Libs

Middle School Collaborative Composition



This Middle School piece was a combination of a soundscape and a narration using rhythms and finger patterns that were generated by the students to enhance the story line and script they created. It also included a rap about the pumpkin patch, and in performance the entire piece was student lead. The greatest challenge was rehearsing, following cues and reading from a score sheet. The students dressed like scarecrows and wore sunglasses. Pumpkin Libs was created by 8 students and performed by 20.

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Symphony for NERDS

Middle School Collaborative Composition

This project was an aleatory Middle School Fiddle Factory composition. The piece was developed by the same group of students who created Pumpkin Libs, but it was more technically challenging. While it did present similar challenges, it also required more rehearsal. Being aleatory, it tended to change from one rehearsal to another. This title was selected because the students used boxes of NERDS candy as percussion instruments. At the end, they moved into the audience and gave away their box of candv!



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Lany Clark Bruce Chase Robert Front Sean-O'Loughle Henry Purcel/Fr Call Scormen Lennie Neihaus

Dagas Tovrano Edakowsky/Frat US Bads/Oxdvak

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Concert Creation Collaboration

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With one obvious goal of a performancebased class being "performance," students can be invited to give input into what will be on the program. With guidance, students can reveal amazing insight into showcasing their skills and creating a program with audience appeal. They will also strive to greater achievement when they identify their strengths and weaknesses, both individually and as a group.



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Concert Creation Collaboration

- 1. The students brainstormed a list of music from their daily folder
- The students brainstormed a list of music from their daily folder for possible incuision on the upcoming concert. Following a 'classroom performance' of each selection, students discussed the merits of their 'performance' as used list the issues required to prepare for the concert. (Students were directed to use 'musical descriptors and terminology' in discussion.) Students were encouraged to reach a consensus 'score' for each selection based on 10 points. Students were focused on realistic and fair discussion about selections and the overall scores, with consideration of technical concerns and remaining rehearsal time before the concert. From the resulting list of realistic selections for the performance, students were also directed to identify a strong opener and a strong closer. 2. 3
- 4.
- 5.
- Students were used and a specific order evolved based on With continued rehearsal, a specific order evolved based on student discussion about the level of difficulty, stamina required and other factors that might impact optimum performance. 6.

Aside from focused collaborative preparation to perform, another goal Aster invokse Unat solution programmation to periodify another by of this process its that the student physical autor to periodify an unare goal of this process is that the student wave and the operative parameters. The that frequently discussions that occurrent were formative paramits. The product of the process wave an evaluation that revealed student attudes of the process wave are evaluated areas where the product of the process wave provided and the provided areas where and the product of the process wave provided areas where and the product of the process wave provided areas where and the product of the process wave provided areas where and the provided areas and the provided areas where and the provided areas and the provided areas where and the provided areas and the provided areas and the provided areas where and the provided areas and the provided areas where and the provided areas additional practice tips were needed.



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May May May

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The Idylls of Pegasus This High School project was to enrich the Richard Meyer selection titled The

Collaborative Inquiry Project

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Idylls of Pegasus by adding artwork. Three students took the lead. Two were adept at creating visual art, and one had technical expertise to put the story and the art into a power point that could run from a cell phone app during the concert. The level of musical expression on this work increased considerably as the students became familiar with the mythology.





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FoxFiddleFile Wiki

Using a Wiki for Discussion

Image: An interface the local state and the local

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FoxFiddleFile Wiki

Members of the Peters Township High School Orchestra used a wiki to blog about topics relevant to nusic studied in class and a variety of other topics for discussion. We started using the blog in October. The students were asked first, to join the Fiddle File wiki and respond to this quote by Stephen Covey.

"Every human has four endowments – self-awareness, conscience, independent will and creative imagination. These give us the ultimate human freedom...the power to choose, to respond, to change." ~ Stephen Covey

As time went on, discussions that began in class continued on the wiki. Students began researching topics and sharing their finds on the wiki. They posted video links, stories and relevant information that enhanced the back-stories of music we were preparing. Rich discussion evolved as the students began to post their own finds on the wiki. Posts ranged from YouTube video links to books such as the "Tailent Code" with references to the Wyells Neath, and articles such as "The Night I Met Albert Einstein."

The expectation was that every member of the class was expected to post one topic and respond to at least nine posts by other students each grading period. It was emphasized that all post were to be 'civil' and polite, using musical terminology and being written using proper grammar.

The comments and conversation were at first superficial but eventually became deep and thoughtful, and eventually students began to post their own topics for discussion and these posts provoked reflective thought and deeper discussion. They shared personal reflections on why they play. The resulting benefits of the collaboration on the wiki created a stronger focus on expressive performance and unity in the group. Progress was more rapid, and more literature was covered at a level beyond the mere translation of notation.

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na & Paul Fo

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Collaborative Inquiry Project

Composers – "The Russian Five" This inquiry project was centered around research on the life, inspiration and motivation of composers. The study began with rehearsals on music by the composer kenun in music histora or the "Buscian

The study began with releases also on music by the composers known in music history as the "Russian File." They started with Bordin's In The Steppes of Central Asia and the Nocturne from his Second String Quarter, followed by The Song of India by Rimsky-Korsakov, and the Promenade and Great Gate of Kiev from Pictures at an Exhibition by Mussorgsky.

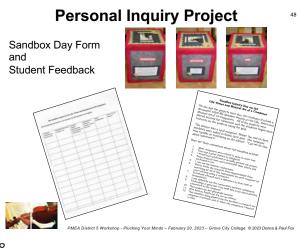




With five as the "spark" for the research, the students each chose a romantic era composer's name from a hat and were given the "inquiry on the Life. Times and Musical At or a Composer" document and a rubric as guides to develop their presentation. The number five was significant to the presentation, which required five specific elements as outlined on the rubric.



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Collaborative Inquiry Project

Project Based Learning - The Quilt

The Essential Question:

What motivates an artist to create?

The students were assigned to three different committees to research Eras, Instrument Groups and Musical Forms that related to string playing.

A rubric was created and posted for each research topic to give the students a clear understanding of what was expected. A chart/sketch of the idea for the final product was included.

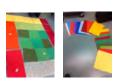


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Materials







Layout





Library of Fox Firesides

Sample articles

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https://paulfox.blog/foxs-firesides/

- FOX'S FIRESIDE #1: Practicing Makes Perfect? FOX'S FIRESIDE #2: Where Are the Models, Mentors, and Motivators?
- FOX's FIRESIDE #3: Goals for the Musical Road to Success
- FOX'S FIRESIDE #4: Pizza, Batting Averages, and the "Ten Times Rule"
- FOX'S FIRESIDE #5: TEAM = Together Everyone Achieves More
- FOX'S FIRESIDE #6: Practice Journals Are "Notable" and the "Key" to Making Musical Progress FOX'S FIRESIDE #9: Auditions, Adjudications, & Screenings
- FOX'S FIRESIDE #3. Additions, Adjudications, & Screenings FOX'S FIRESIDE #10: Audience Etiquette and Manners Matter! FOX's FIRESIDE #14: Reference Letters What to Do .
- FOX'S FIRESIDE #16: The Gem of Engagement
- FOX'S FIRESIDE #17: Success = How Many Hours? FOX'S FIRESIDE #19: Three Simple Words KEEP AT IT!
- FOX'S FIRESIDE #20: SMART Practice

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Thanks for sharing your secrets! 54



A printable copy of these slides is available from https://paulfox.blog/becoming-a-music-educator/

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